

Newmarket HS Parents

welcomes YouthSpeak Charity, for an engaging in-person session to support our well-being & equity initiatives within our school community.

Program:

Online Issues



Parents will:

- 1 Be **inspired** by personal stories of trained youth speakers
- 2 Increase **understanding** of issues related to bullying and cyberbullying
- 3 Learn **strategies** for how to support youth
- 4 Gain information on **resources**

YouthSpeak Charity is dedicated to youth mental health and well-being. In **20 years**, we have reached over **350,000 youth & caring adults** through **3250+ speaking events** throughout Ontario.

YouthSpeak's vision is for all youth to be inspired and empowered to live resilient and meaningful lives.